



REGISTERED
NDIS
PROVIDER

All groups are NDIS Approved.

Did you know?

We also offer:

 **School Screenings**

 **Parent Workshops**

 **Teacher Education**

**Ask us for more
information!**

**Contact us
to register
now!**



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**Book now!
Don't miss out!**

April 2025

**School Holiday
Groups!**

Cardiff



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Therapy Services for Children



Sensory Science

In Sensory Science your child will engage and explore simple science experiments that are loads of sensory fun and also teach basic scientific concepts.

7 - 11 yrs

Details:

Wednesday, 16th April at 10am

45 minutes

Areas of skill development:

- Tactile skills
- Problem solving
- Motor planning
- Visual perceptual
- Attention span

Please wear old clothes!

Sensory Science is an exciting, fun way to explore with others creative, multi-sensory play whilst discovering the important scientific concepts and skills.



Bunny Bakers

Hop into the kitchen and get creative with Bunny Bakers! This Easter-themed cooking group is perfect for little chefs who love to mix, bake, and decorate. Children will learn basic food preparation skills while making delicious Easter-inspired treats in a fun and engaging environment. Plus, they get to enjoy the tasty creations they make!

6+ yrs

Details:

Tuesday, 15th April at 11am

45 minutes

Areas of skill development:

- Executive functioning
- Fine motor
- Kitchen safety
- Sharing and turn taking
- Social skills

Please wear old clothes!



Join us for some
School Holiday fun!



LEGO Legends

Lego Legends is one of our most popular groups with a huge focus on social and fine motor skills in a fun, play based environment.

5 - 10 yrs

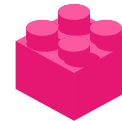
Details:

Tuesday, 15th April at 2pm

45 minutes

Areas of skill development:

- Problem solving
- Social skills such as sharing & turn taking
- Fine motor skills
- Following instructions
- Motor planning



Explore. Create. Build



ANZAC Treats

Join us for ANZAC Treats, a special baking group where young chefs will learn to create delicious ANZAC-themed bakes while developing essential kitchen skills! In this hands-on session, children will mix, bake, and decorate tasty treats inspired by the traditions of ANZAC Day, all in a fun and engaging environment. Plus, they get to enjoy their creations!

8 - 12 yrs

Details:

Wednesday, 23rd April at 11am

45 minutes

Areas of skill development:

- Executive functioning
- Fine motor
- Kitchen safety
- Sharing and turn taking
- Social skills

Please wear old clothes!



Minecraft Mates

Who loves Minecraft? It is a group program that children can attend to create Minecraft characters using Hama beads. The group allows children to learn and work alongside other children with the same shared interest.

7 - 11 yrs

Details:

Thursday, 17th April at 11am

45 minutes

Areas of skill development:

- Fine motor skills
- Hand-eye & Bilateral coordination
- Social skills
- Spatial awareness
- Executive functioning
- Visual perceptual skills
- Persistence and resilience



Leave us a review!

We would like to know how we did.



SCAN ME








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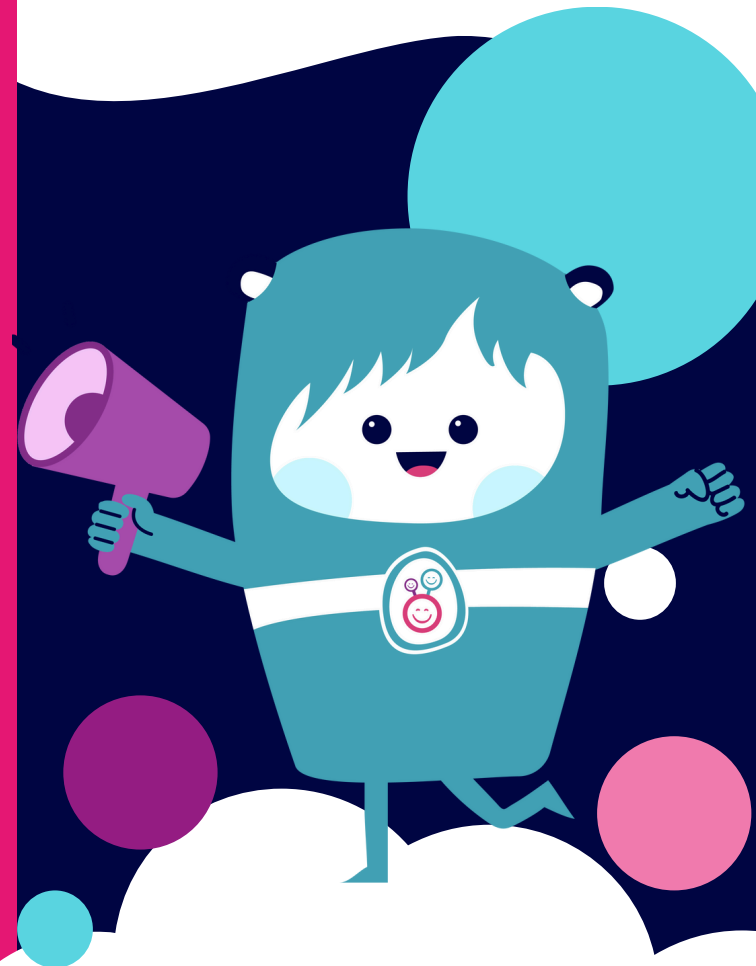
**Book now!
Don't miss out!**



April 2025

**School Holiday
Groups!**

Raymond Terrace



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Therapy Services for Children



Little Picassos

Little Picassos allows your child to develop and express their artistic and creative side whilst learning basic art and craft techniques. A calming background ambiance will also encourage your child to relax and concentrate, whilst having fun!

4+ yrs

Details:

Tuesday, 22nd April at 11am
45 minutes

Areas of skill development:

- Imagination and creativity
- Fine motor skills
- Attention and concentration
- Emotional regulation
- Upper limb strength and shoulder stability

*Might get messy,
please wear
old clothes!*

Design, create, express yourself!



Bunny Bakers

Hop into the kitchen and get creative with Bunny Bakers! This Easter-themed cooking group is perfect for little chefs who love to mix, bake, and decorate. Children will learn basic food preparation skills while making delicious Easter-inspired treats in a fun and engaging environment. Plus, they get to enjoy the tasty creations they make!

6+ yrs

Details:

Thursday, 17th April at 11am
45 minutes

Areas of skill development:

- Executive functioning
- Fine motor
- Kitchen safety
- Sharing and turn taking
- Social skills

*Please wear
old clothes!*



*Join us for some
School Holiday fun!*



Basketball Blitzer

is an energetic basketball-themed group designed for kids to develop essential gross motor skills, improve social interactions, and learn the value of teamwork. Through fun drills and engaging activities, children will enhance their coordination, build friendships, and experience the joy of working together to achieve common goals.

5-9 yrs

Details:

Wednesday, 16th April at 11.15am - **Boomerang Park – Raymond Terrace**
45 minutes

Parent supervision required

Areas of Skill development:

- Gross Motor
- Hand-eye co-ordination
- Social Skills
- Following Instructions



Games Club

This group aims to take our children's love of video games and combine it with opportunities to develop skills that are important in everyday life.

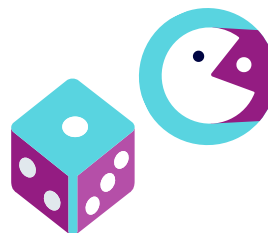
Senior Group 9+ yrs

Details:

Thursday, 17th April at 3pm
45 minutes

Areas of skill development:

- Social skills
- Communication
- Fine motor skills
- Attention span
- Social Skills



Sensory Science

In Sensory Science your child will engage and explore simple science experiments that are loads of sensory fun and also teach basic scientific concepts.

4 yrs +

Details:

Tuesday, 15th April at 11am
45 minutes

Areas of skill development:

- Tactile skills
- Problem solving
- Motor planning
- Visual perceptual
- Attention span

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old clothes!*



Sensory Science is an exciting, fun way to explore with others creative, multi-sensory play whilst discovering the important scientific concepts and skills.



Happy Feet

Happy Feet is a fun and engaging dance-based occupational therapy group designed for children aged 4 and up. Through music, movement, and playful choreography, children will develop essential skills. Our sessions provide a supportive and inclusive environment where kids can build friendships, improve body awareness, and boost their self-esteem—all while having a blast on the dance floor!

4+ yrs

Details:

Thursday, 24th April at 11am
45 minutes

Areas of skill development:

- Gross Motor Skills
- Body Awareness
- Social Skills
- Following Instructions
- Self-Expression & Confidence
- Rhythm & Timing
- Endurance & Strength

Let's get moving, grooving, and growing together with Happy Feet!

Leave us a review!

We would like to know how we did.



SCAN ME

